



# Lyric Fruit & Nut High Energy Mix: The Perfect Fuel for Busy Birds

Birds use up a lot of energy throughout their day. Whether it's fledgling in the spring, moulting in the summer, or just trying to stay alive and well in the winter, these animals are always keeping active. With all this activity, it is important that birds get the proper nutrition they need. And while they do forage for their own food, you can supply variety and key nutrients to birds by filling your feeder with Lyric Fruit & Nut High Energy Mix.

Lyric Fruit & Nut is packed with high quality fruit and nuts that birds love to snack on. Here are just a few frequent flyers you might see at your Lyric Fruit & Nut-filled feeder:



## Northern Flicker

The Northern Flicker is a medium to large sized brown & gray woodpecker with black-scalloped plumage. They aren't like other woodpeckers who are normally found in a tree but can often be found rummaging the ground for ants and beetles. They also like to drop into feeders for a snack, where they enjoy fruit and seeds. Hang your feeders from a tree branch or close to a tree trunk and fill it with Lyric Fruit & Nut to up your chances of being visited by a Northern Flicker.

## White-breasted Nuthatch

The White-breasted Nuthatch is often referred to as the upside-down bird, a fitting nickname as this acrobatic bird often turns sideways and upside down when foraging for a meal. Though it is the largest of the nuthatch family, this gray-backed, white-bellied bird is still very petite, maturing to a size that is smaller than even the Tufted Titmouse. Despite being such a small bird, the White-breasted Nuthatch loves larger seeds and nuts, especially sunflower seeds and peanuts. If you fill a hopper, wire mesh, or covered tray feeder with Lyric Fruit & Nut, you might see one of these birds taking lots of seeds and nuts from the feeder to a tree, leaving you wondering, how they are eating all of this food? The answer: they probably aren't! Instead, the White-breasted Nuthatch is likely just storing away the food for the winter in the bark of a tree.



## Cedar Waxwing

Cedar Waxwings are birds who favor places with plenty of trees and bushes, especially berry bearing. That makes Lyric Fruit & Nut a perfect seed mix for this bird! Hang your feeders near trees or shrubs that have berries to entice the Cedar Waxwing to make a visit. Then, look for a bird who has red wingtips with silky plumage and a black bandit mask.

## Hairy Woodpecker

Not to be confused with the smaller bodied and smaller billed Downy Woodpecker, the Hairy Woodpecker is a strong little bird that lives in forests and open woodlands. This bird can be found around the trunks of trees, or nesting their brood inside a hole that they dig into a dead tree. Attract Hairy Woodpeckers to your feeder by placing it near the trunk of a tree and filling it with Lyric Fruit & Nut, as these birds love the nuts, fruit and corn found in this mix. Hairy Woodpeckers are especially frequent feeder visitors during the cool winter months when insects for their food supply are few and far between.



## Lyric Fruit & Nut High Energy Mix

Lyric Fruit & Nut High Energy Mix is a great option to provide backyard birds with the balanced nutrition they both need and crave. The colorful and nutritious ingredients of this high quality mix will catch the eyes of hungry birds around your neighborhood, so it's perfect for drawing them in to new feeders. Featuring the protein and fats of nuts for long-lasting energy and sugars from fruit for an instant boost, Lyric Fruit & Nut is the perfect asset to a bird's diet.